

Yoga Sessions

Abbey House, Abingdon

Mixed Ability

Mondays 9.30 am - 10.30 am

Beginner

Tuesdays 9.15 am - 10.15 am

&

10.30 am - 11.30am

Intermediate

Wednesdays 8.30 am - 10 am

£5/hour

(term booking only)



Improve your strength, flexibility and balance

Booking essential:

Laurence 075546 35112

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Vale
of White Horse

District Council